

2024 Africa Triathlon Championships Hurghada

19 : 21 April 2024



Sprint Triathlon
Swim 1 Laps 750M
Bike 3 Laps 20 K
Run 1 Laps 5 K

Sea Horse Sahl Hasheesh Hurghada



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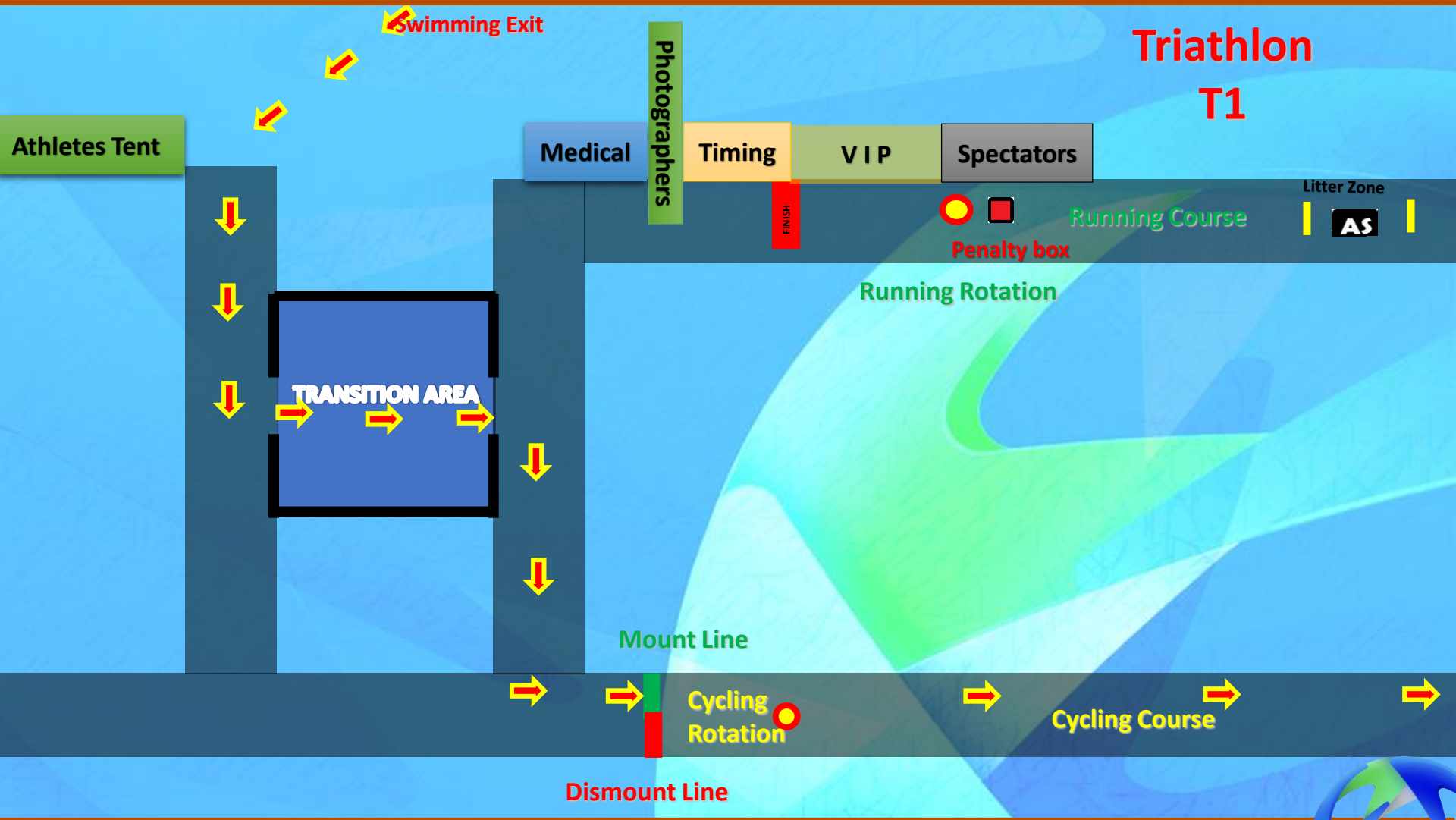


Sprint Triathlon
Swim 1 Laps 750M



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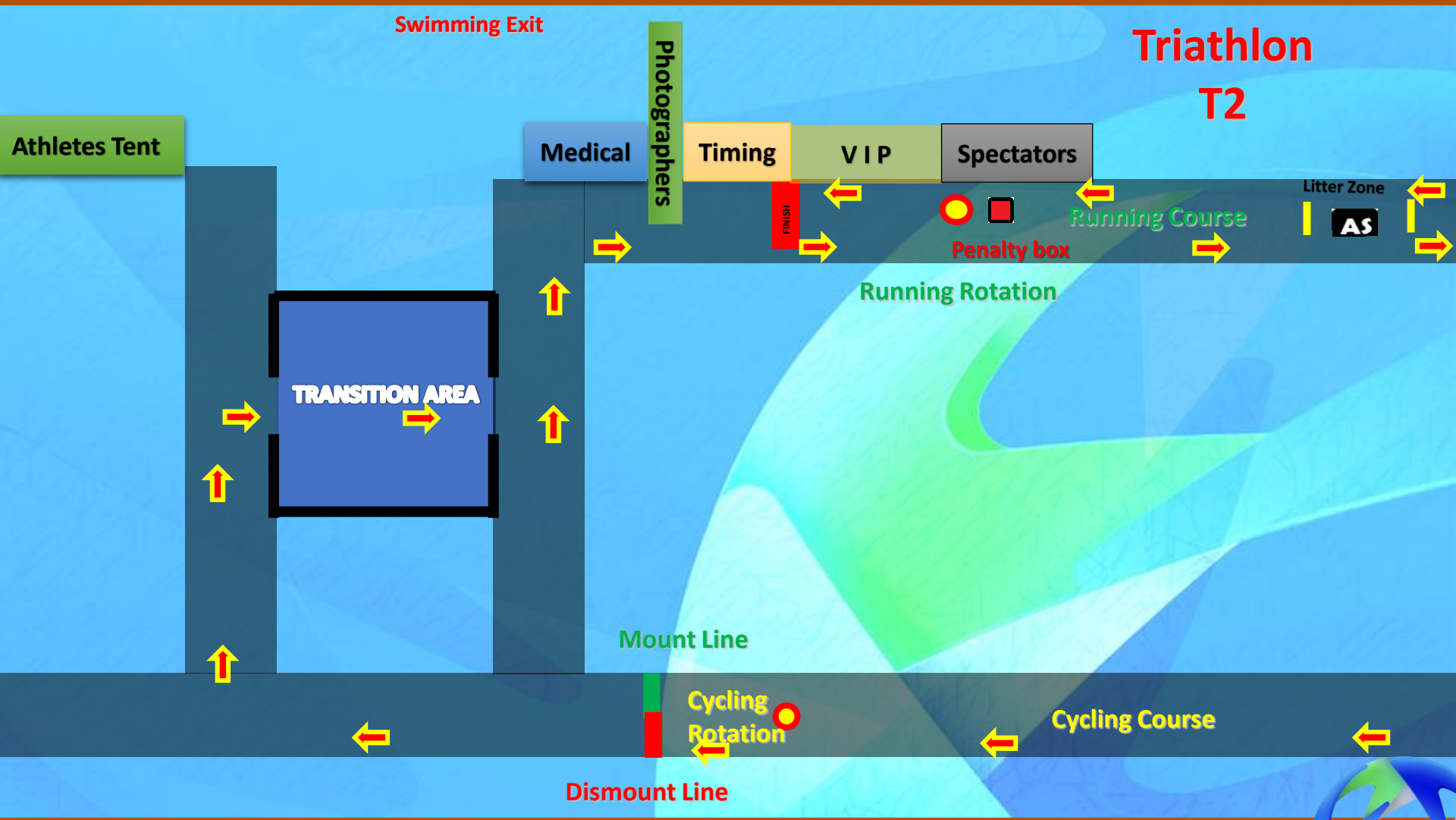


Sprint Triathlon
Bike 3 Laps 20 K



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Sprint Triathlon
Run 1 Laps 5 K




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Junior Triathlon Men



Friday,
April 19, 2024

Bike Familiarization	15:30 - 16:00
Run Familiarization	16:00 - 16:30
Swim Familiarization	16:30 - 17:00
Registration	17:00 - 18:00
Athlete Briefing	18:00 - 18:30
Race Pack Collection & Uniform	18:30 - 20:30



Saturday,
April 20, 2024

Athletes Lounge Open & Bike Check in for Men	08:30 - 09:10
Transition Area Open	08:30
Swim Warm up Open	08:50
Swim warm up Close	09:05
Transition Area Close	09:05
Athlete Line Up	09:10
Athlete Introduction	09:10
Junior Men START	09:15
Medal Ceremony	12:45




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Junior Triathlon Women



**Friday,
April 19, 2024**

Bike Familiarization	15:30 - 16:00
Run Familiarization	16:00 - 16:30
Swim Familiarization	16:30 - 17:00
Registration	17:00 - 18:00
Athlete Briefing	18:00 - 18:30
Race Pack Collection & Uniform	18:30 - 20:30



**Saturday,
April 20, 2024**

Athletes Lounge Open & Bike Check in for Women	08:30 - 09:55
Transition Area Open	09:00
Swim Warm up Open	09:35
Swim warm up Close	09:50
Transition Area Close	09:50
Athlete Line Up	09:55
Athlete Introduction	09:55
Junior Women START	10:00
Medal Ceremony	12:45



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Age Group Sprint Triathlon

**Saturday,
April 20, 2024**

Registration	17:30 - 18:3
Athlete Briefing	18:30 - 18:45
Race Pack Collection	18:00 - 20:00

**Sunday,
April 21, 2024**

Check in	06: 15 - 06:55
Transition Area Open	06:15
Swim Warm up Open	06:30
Swim warm up Close	06:45
Transition Area Close	06:50
Athlete Line Up	06:55
Age-Group Men START	07:00
Age-Group Women START	07:05
Medal Ceremony	12:00

